

ORIGINAL ARTICLEIsolation of VIM-producing multidrug-resistant *Pseudomonas aeruginosa* in pediatric haematology ward

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ABSTRACT

The Gram-negative bacillus *Pseudomonas aeruginosa* is renowned for its extensive natural antibiotic resistance and opportunistic behaviour. With the exception of ertapenem, carbapenems represent the optimal pharmacological intervention for the treatment of infections caused by *Pseudomonas* species resistant to ceftazidime. Nevertheless, the presence of a *Pseudomonas* strain that produces carbapenemase renders this therapeutic approach ineffective. In this report, we describe the isolation of a multidrug-resistant VIM-producing strain of *Pseudomonas aeruginosa* from a patient in a paediatric haematology ward. A 13-year-old patient was admitted to the paediatric ward for the purpose of undergoing treatment for acute myeloblastic leukaemia. The patient presented with a fever of 40°C, accompanied by abdominal discomfort and diarrhoea. An abdominal ultrasound scan revealed the presence of colitis, exhibiting both inflammatory and infectious characteristics. The results of the stool analysis indicated the presence of *Pseudomonas aeruginosa*. Antibiotic susceptibility testing was conducted using the Gram-negative NMIC/ID 94 panel. The results of the antibiotic susceptibility testing indicated resistance to amikacin, cefepime, ceftazidime, ciprofloxacin, gentamicin, imipenem, levofloxacin, meropenem and piperacillin-tazobactam. The resistance mechanisms of carbapenem were confirmed by a positive EDTA test. The carbapenemase were detected using a chromogenic test . The isolated *Pseudomonas* strain was found to produce VIM. This discovery offers an opportunity to enhance the national database on the profile and resistance mechanisms of *Pseudomonas aeruginosa* strains. However, a molecular study of the strain is essential for precise typing of the VIM variant.

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1. INTRODUCTION

Pseudomonas aeruginosa is an opportunistic pathogen that primarily affects vulnerable and immunocompromised individuals(1,2). This bacterium is renowned for its intrinsic resistance to antibiotics and disinfectants(3). It poses a significant public health concern due to the emergence of multidrug-resistant strains, particularly those resistant to carbapenems, which are typically effective against multidrug-resistant Gram-negative bacteria(4,5).

Pseudomonas exhibits resistance to carbapenems through both non-enzymatic mechanisms, such as efflux pump hyperexpression and D2 porin modification, and enzymatic mechanisms, including the production of carbapenemases, predominantly metallo-beta-lactamases (MBL)(6). These carbapenemases belong to Ambler's class B, comprising primarily imipenemase (IMP), Verona integron-mediated metallo-beta-lactamase (VIM), Sao Paulo MBL (SPM), Saul imipenemase (SIM), Australian imipenemase (AIM), German imipenemase (GIM),

Dutch imipenemase (DIM), and New Delhi metallo-beta-lactamase (NDM)(7,8). MBL-producing strains are frequently linked to resistance against other antibiotics. They can rapidly disseminate within healthcare facilities, leading to challenging-to-treat infections that escalate morbidity, mortality, and treatment expenses(9,10). We present the isolation of a VIM-producing multidrug-resistant strain of *P. aeruginosa*.

2. CASE REPORT

As part of an infectious disease assessment following post-chemotherapy febrile aplasia (temperature of 39°C, white blood cell count of 0.63x10³/μl), a 13-year-old patient admitted to the pediatric ward of Beni-Messous university hospital center for acute myeloblastic leukaemia management had their blood culture sent to the laboratory for bacteriological analysis. Initially, triple antibiotic therapy comprising cefotaxime, amikacin, and vancomycin was administered. On the second day of febrile aplasia, blood culture results revealed the isolation of *Klebsiella pneumoniae* resistant to third-generation cephalosporins, prompting discontinuation of cefotaxime and meropenem and initiation of imipenem therapy.

By the fourth day of febrile aplasia, the patient experienced a fever spike of 40°C accompanied by abdominal pain and diarrhoea episodes. Abdominal ultrasound detected colitis with inflammatory or infectious features. Stool analysis revealed rare leukocytes on microscopic examination and lactose-negative colonies growth in Hektoen medium (Dimed, Algeria).

The bacterial strain and antibiotic susceptibility testing were identified using the Gram-negative NMIC/ID 94 panel (Phoenix, BD). Antibiotic sensitivity tests were conducted and interpreted in accordance with the Clinical Laboratory Standards Institute (CLSI M100, 2022). Antibiotic susceptibility test reports resistance to amikacin, cefepime, ceftazidime, ciprofloxacin, gentamicin, imipenem, levofloxacin, meropenem and piperacilline-tazobactam. The strain is sensitive to aztreonam (Table 1).

Further investigations of the isolated strain were conducted to detect and confirm resistance mechanisms to third-generation cephalosporins and carbapenems, including a negative synergy test and a positive EDTA test (11). MBL detection was conducted using a chromogenic test (Coris, Bio Concept) to characterize MBLs: IMP, VIM, NDM, KPC, and OXA-48. The isolated *Pseudomonas* strain was found to produce VIM.

3. DISCUSSION

A multidrug-resistant strain of *P. aeruginosa* was isolated from an oncohematologic pediatric centre. This strain resisted to

carbapenems due to MBL production. This report holds significant importance as carbapenem-resistant *P. aeruginosa* has been categorized as a priority bacterium on the WHO priority list of antibiotic-resistant bacteria (12). *P. aeruginosa* is a particularly significant pathogen in patients with haematological malignancies(13). The number of antimicrobial molecules that are active against this bacterium is limited and include β-lactams (piperacillin and ticarcillin, with or without an inhibitor, ceftazidime, cefepime, aztreonam, imipenem, meropenem, doripenem), fluoroquinolones (ciprofloxacin, levofloxacin), aminoglycosides (except kanamycin), fosfomycin and colimycin (14).

Tableau 1. Antibiotic susceptibility test results

Antibiotics	MIC (ug/ml)	SIR
Amikacin	> 32	R
Aztreonam	8	S
Cefepime	16	R
Ceftazidime	16	R
Ciprofloxacin	2	R
Colistin	1	X
Gentamicin	8	R
Imipenem	8	R
Levofloxacin	4	R
Meropenem	8	R
Piperacilline-Tazobactam	64/4	I

S: Susceptible, I: intermediate, R: resistant, X: not interpretable.

Bacteria have gradually adapted to β-lactam class antibiotics by various mechanisms, including the production of enzymes called β-lactamases, which are capable of hydrolysing the β-lactam ring that is required for their antibacterial activity. Moreover, the progressive emergence of multi-resistant strains producing extended-spectrum β-lactamases and carbapenemases has also been documented. Carbapenemases are β-lactamases with the capacity to degrade carbapenems (imipenem, meropenem and/or doripenem) (15). The most prevalent and impactful carbapenemases in *Pseudomonas aeruginosa* are MBL (Ambler class B) who confer resistance to all antibiotics, with the exception of aztreonam, including ceftolozane-tazobactam and ceftazidime-avibactam. In contrast, cefiderocol is not affected (16). Among the MBLs produced by *P. aeruginosa*, NDM, VIM, and IMP are the most commonly encountered (17,18), with VIM showing a clear predominance (19). This enzyme has been detected in various regions of Algeria (20–22). These enzymes are encoded on mobile genetic elements carrying genes to resist other antibiotics, facilitating horizontal transfer to other bacterial genera and species. When associated with carbapenem resistance genes, this phenomenon contributes to the emergence of multidrug-resistant strains diminishing the

effectiveness of available treatments and sometimes rendering them ineffective (23,24).

4. CONCLUSION

Our discovery provides an opportunity to enhance the national database concerning the profile and resistance mechanisms of *P. aeruginosa* strains. However, conducting a molecular study of the strain is imperative for precisely typing the VIM variant.

Competing interests: The authors declare that they have no competing interest.

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